Your Name

Your Address

Consultant/Trust Directors Name

Hospital Address

Date

Dear [Consultant name & Director of policy name],

**COVID-19 testing of patients**

I have recently been referred to your hospital, as I need an urgent [state operation/investigation etc]. Sadly, I have thus far been refused the treatment/operation/procedure I need, because I do not consent to a PCR or lateral flow test, prior to my treatment/operation/procedure.

I am vehemently against forced medical procedures, and testing is classed as a said procedure. As you are no doubt aware, my right to decline a forced PCR or lateral flow test is protected under not only the Nuremberg Code (1947), which clearly and emphatically states that all medical procedures must have the voluntary consent of the human subject, but also under Human Rights laws.

.

Hence, in withholding my consent to a PCR/lateral flow test, I am fully protected by the law, and must not be disadvantaged in any way.

You are withholding urgent and/or lifesaving treatment from me, until I submit to a PCR or lateral flow test which I do not wish to receive. In addition to being unlawful, this is a clear breach of medical ethics as the medical profession is strictly governed by principles of informed, voluntary consent. It is also against the NHS constitution which states "You have the right not to be unlawfully discriminated against in the provision of NHS services including on grounds of gender, race, disability, age, sexual orientation, religion, **belief**, gender reassignment, pregnancy and maternity or marital or civil partnership status" [[1]](#footnote-1).

I do not wish to get into a protracted debate about the efficacy of both the PCR and lateral flow Covid tests. However, you must be aware, the tests are highly unreliable and carry a risk of both false positives and false negatives [[2]](#footnote-2). Neither were such tests developed to be a reliable indicator of the presence of infectious disease. Only a clinical diagnosis of presenting symptoms, coupled with a range of tests, is sufficient to diagnose a disease, under long settled scientific and medical principles.

Given the false positive and negative problem mentioned above, if I submitted to a test, I have a high chance of being misdiagnosed as having Covid 19. In turn, this would mean I would be placed on a Covid ward in your hospital, with the result that my health could then potentially be compromised by people that are sick with Covid 19.

Iatrogenic illness is a major issue for the already health compromised, and I wish to make clear that if I found myself in such a position because of your unlawful forced testing policy, I would hold your trust legally responsible for any short or long-term damage to my health as a result.

In addition to the unreliability of the tests, I have concerns about the safety of the same. The intranasal nature of the tests means that they are a highly invasive procedure. The test would be extremely distressing to me as I suffer from anxiety. More worryingly they also carry a risk to physical health, as the nasal swab can penetrate the blood-brain barrier and causing brain fluid to leak [[3]](#footnote-3).

There is also the issue of the now established fact that the testing swabs are sterilised in Ethylene Oxide [[4]](#footnote-4). This is a Group 1 Carcinogen, which means it is a potent cancer causing chemical [[5]](#footnote-5). Short term exposure to ethylene oxide can also cause eye and upper respiratory tract irritation, nausea, vomiting, diarrhoea, headache, dizziness, malaise, fatigue, muscle weakness, and signs symptoms of peripheral neuropathy.

In addition to all of this, a recent report from Slovakia has found, after analysis, that the test swabs contain DARPA hydrogel [[6]](#footnote-6). Darpa Hydrogel Crystals create a 3D spatial structure, and after testing, grow through the tissues of the human nasopharynx towards the pineal gland.

Given the above, it is neither advisable nor necessary for me to receive a PCR or lateral flow test for COVID-19, in order that I can then receive the medical treatment to which I am entitled by law. I therefore wish to make clear that I do not consent to being tested, but that I still expect to receive the treatment which I need, and in fact have paid for with my taxes over many years.

I would appreciate your acknowledgement within 14 days of the date of this letter, that my decision to decline testing is fully accepted by the hospital and that my treatment/operation/procedure can go ahead forthwith.

In advance of hearing from you I have opened a complaint with the Health Ombudsman about your actions thus far, although I am happy to close this complaint if I receive a satisfactory response from you within the above timescale.

In ending I wish to make clear that I would of course not attend the hospital if I felt at all unwell and would naturally inform you of the same and cancel any appointment made for me.

I look forward to hearing from you.

Yours sincerely,

[Name]

cc Your MP

cc Health Ombudsman

1. <https://www.gov.uk/government/publications/the-nhs-constitution-for-england/the-nhs-constitution-for-england> [↑](#footnote-ref-1)
2. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7934325/> &[False Negative Tests for SARS-CoV-2 Infection — Challenges and Implications | NEJM](https://www.nejm.org/doi/full/10.1056/NEJMp2015897) [↑](#footnote-ref-2)
3. <https://www.standard.co.uk/news/health/coronavirus-swab-test-womans-nose-brain-leaked-a4562066.html> [↑](#footnote-ref-3)
4. <https://cdn.website-editor.net/6f54caea7c6f4adfba8399428f3c0b0c/files/uploaded/Innova-SARS-Cov-2-Antigen-test-IFU.pdf> [↑](#footnote-ref-4)
5. <https://www.epa.gov/sites/production/files/2016-09/documents/ethylene-oxide.pdf> [↑](#footnote-ref-5)
6. <https://www.golokaproject.org/documentfiles/Analysis-of-test-sticks-from-surface-testing-in-the-Slovak-Republic.pdf> [↑](#footnote-ref-6)